

Just for Today

Tell yourself

JUST FOR TODAY my thoughts will be
on my recovery,

living and enjoying life without the use of
drugs.

JUST FOR TODAY I will have faith in
someone in NA

who believes in me and wants to help me in
my recovery.

JUST FOR TODAY I will have a program.

I will try to follow it to the best of my
ability.

JUST FOR TODAY through NA

I will try to get a better perspective on my
life.

JUST FOR TODAY I will be unafraid,

my thoughts will be on my new
associations,

people who are not using and who have
found a new way of life.

**So long as I follow that way, I have
nothing to fear.**

The Addicts Prayer

My gratitude speaks
when I care and when I
share
with others the NA way
that no addict seeking
recovery
need ever die
from the horrors of
addiction.

The Serenity Prayer

God grant me the
serenity
to accept the things I
cannot change;
the courage to change
the things I can;
and the wisdom to
know the difference.



**...SO THAT NO ADDICT
NEED EVER DIE FROM THE
HORRORS OF ADDICTION.**

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