

## CVANA Service Meeting Minutes 10/07/2017

Hosted at Central Lutheran Church, Chippewa Falls, WI

Meeting called to order by: Rob Y @ 9:39am

**Attendance:** Mike D (Coach), Dezaray C, Justin H, Pete R, John M, Rob Y, Dave R, Steve J, Jamie S, Jerry K, Michael M, Theresa L, Zach H, Joe F, Angel G, Jon E, April B

Introductions

Moment of Silence

Service Prayer: All

12 Traditions: Jamie S

### **Roll Call:**

#### **Groups:**

EC Friday night: Joe F - here/Sarah J - absent

EC Wednesday night: ??? - absent

Chippewa Tues & Sun: Steve J - here

Black & Blue Basic Text/Alive @ Five, Chippewa Thurs, Sat: Justin H.- here

BRF Mon & Fri Night: Pete R. - here

EC Monday Night: Travis H - here

Menomonie Wed Fri & Sat night: Alex S. - absent

Ego Check, Menomonie, Monday: Dezaray C - here

Vision of Hope, Chetek, Tuesday: Dave R - here

Dopeless Hope Fiends, Rice Lake, Mon, Wed: ??? - absent

Surrender Group, Rice Lake, Friday, Saturday: ??? - absent

KISS, Ladysmith, Thursday: ??? - absent

NA Meeting, Arbor Place, Menomonie, Thurs, Sun: ??? - absent

Freedom Group, Thursday, Rice Lake, -- Mike D (Coach) - here

New NA Meeting, Chetek, Thursday: ??? - absent

Off the Record, Wednesday, Menomonie: ??? - absent

Beyond the End of the Road, Tues & Thurs, Eau Claire: Dillan S - absent

M.I.A. Wed, Chippewa Falls: Jamie S - here

#### **Administrative Trusted Servants:**

Chairperson: VACANT

Vice-Chairperson: Rob Y - here

Regional Committee Member: Rob Y - here

Regional Committee Member-Alternate: VACANT

Treasurer: Rob Y - here

Treasurer-Alternate: VACANT

Secretary: Theresa L - here

Secretary-Alternate: VACANT

Web Servant: Theresa L - here

Web Servant-Alternate: VACANT

#### **Subcommittees:**

Activities: Dezaray C - here, Activities-Alternate: VACANT

Literature: April B - here, Literature-Alternate: Angel G - here,

Public Relations: VACANT, Public Relations-Alternate: VACANT

Hospitals & Institutions: VACANT, Hospitals & Institutions-Alternate: Joe F - here

Policy & Procedure: VACANT. Policy & Procedure-Alternate: VACANT,

Outreach: John M – here, Outreach-Alternate: VACANT

Motion made to accept September minutes -- discrepancy noted by Treasurer

Motion made to accept amended September minutes by: Justin H Seconded by: April B

### **ADMINISTRATIVE REPORTS**

**Chairperson Report:** VACANT

Question/Comment:

**Vice-Chairperson Report:** \*\*\*spoken aloud\*\*\*

Nothing to report

Question/Comment:

**Regional Committee Member Report:** emailed/spoken aloud

Overview -

First off, I want to start off by saying that this is just a brief overview of my notes. If you would like to see the 6-7 pages in their entirety let me know.

First off, at the next region there will be a discussion group for Activities committees. It was asked that area activities chairs be present at 5:30pm if possible to share notes, touch base, etc. Also, the current activities chair will be stepping down soon as he has served 2 years in this role.

PR asked that areas look into possibly adding whether their meeting facilities are wheelchair accessible to their meeting lists.

The literature subcommittee is currently drafting an internal use IP they are titling “Integrity in Service” which is mainly intended to be used at the regional level in order to help with learning their processes, etc. It was asked that members take a look and share opinions.

Nominations/Elections -

There were a plethora of elections and nominations, if you would like more information ask me after the meeting.

Financial –

A proposal was passed to increase the PR budget by \$300 dollars to continue effectively carrying the message.

Topic Board –

WRSC topic at WSNAC – 9:45 – 11:45. Will be titled “Maintaining an atmosphere of recovery”

Discussion around Unity Day – It was suggested that a weekend event be looked into in order to make it more feasible for those who have to travel longer distances.

PR printing 1 instead of 3 meeting list per meeting for the November cycle

Fun in the Sun campout location – Activities will be pursuing a location in the central part of the state in order to promote unity across all of WI.

Donation to MZSSNA – Consensus was reached to donate \$200

Like I said, this is just a brief overview on things which I thought you all may consider pertinent. If you would like to see my full notes, let me know.

ILS,

Question/Comment:

**Treasurer Report:**

**emailed/spoken aloud**

9/2/2017

Beginning Balance:	\$810.56	
<b><u>Income</u></b>		
7 <sup>th</sup> Tradition	\$8.00	
Literature Payment	\$348.10	
GSR Contributions	\$20.00	
<b>Total Income:</b>	\$376.10	
<b><u>Expenses:</u></b>		
CK# 1348	\$15.00	Facility
CK# 1349	\$348.10	NAWS Invoice # 0828708
CK# 1350	\$125.00	Website Hosting
<b>Total Expenses:</b>	\$488.10	
Decrease to Bank Balance	\$112.00	
New CVA Balance	\$698.56	

Question/Comment: Someone wanted to know who the second signer of the checks is. They knew the bank didn't require one. They were told it is the other administrative trusted servant.

**Secretary Report:**

**written/spoken aloud**

I checked our PO Box three times this month. We got two letters from different jails. We also got the NAWS product flier.

The first letter was from Scott at Jackson Co. jail. He would like some meetings to come back to the jail. He chairs the AA meetings and is concerned about the lack of NA meetings, because he identifies as an addict. The letter included contact information for anyone who could help with this.

The second letter is from Jimmy at the Chippewa Valley Correctional Treatment facility. He is going to meetings in Chippewa Falls on Tuesdays. He is looking for a sponsor. He also included contact information. I was personally wondering why he didn't look around the meeting he goes to for a sponsor.... I will pass the letter on to anyone that can respond to him.

I bought some cheap pens for use at area. They cost \$2.09. The beginning balance was \$174.60, and the ending balance is \$172.51

The meeting list, as far as I know, is completely updated, as I contacted Dillan and he said that it didn't look promising to vote the noon meetings to open ones.

Thank you for letting me serve.

Question/Comment: The Tuesday meeting in question was one at the facility, not Bridges to Recovery, and volunteers there cannot give out personal information – so sponsorship is more complicated than it seems.

**Web Servant Report:** **written/spoken aloud**

We received two emails this month. The first was from a Nicole S who wanted to know how to help at Chippewa Valley Correctional institution. I think I may have filed the email and not responded or forwarded it. Perhaps because I wasn't sure how to respond. Brain fart.... If anyone has any ideas on how to respond to her, I could forward the email to you. I did respond yesterday telling her someone would get back to her.

The second was from Kim at Women's Way in Barron Co.. I did forward that one to the group and apparently some people had a response for her.

Not too much else exciting going on with the web page.

The website was viewed 37 times by 32 different people. About 81% of these were new visitors. Our visitors stayed about an average of almost one minute per session and viewed about one and a half pages. Most of our visitors came to the home page. 15 visited the meetings page. 6 visited the service opportunities page, and a few went to the calendar.

Question/Comment:

**SUBCOMMITTEE REPORTS**

**Activities Report:** **emailed/spoken aloud**

I visited with a lady, I cannot remember her name right now, from central Lutheran Church about having the Halloween dance. She showed me around and where to put the garbage and cans. She also showed me where the refridgerator is that we can use to store the sodas and water for sale. We will also have a microphone available to us. She did explain that the tables and chairs will need to be put back as they were found because they use the fellowship hall for Sunday mornings. I did not pay her a donation yet. I have sent her an email letting her know that I am waiting to give her the money until it is discussed at October's area. I have \$29.31 left in cash. I started with \$200 and I bought one basic text for the

newcomer for \$12.94. I had purchased \$38.87 from the 50/50 store in Eau Claire on July 7<sup>th</sup> I bought plates, cups and napkins. One package of plates, one sleeve of the cups and the package of napkins got used for the camp out in August. They cost \$14.99 for the plate, .99 cents and 3.49 for the napkins. I ask that this money be refunded to activities. I have purchased 4 24packs of Mountain Dew, two 24 packs of Pepsi, 1 24 pack of Dr. Pepper to add to what we already have, I also bought a 12 pack of sprite to go with what we have left, I purchased 2 12 packs of Mug rootbeer, I purchased 3 35 pack of water, one cash box, one roll of 2000 raffle tickets, and folger's coffee. I purchased the cash box have so we can make change for the soda purchases. I can use what is left the \$29.31 to pay for the donation for the use of the fellowship hall. However, I will need to borrow money not to use to buy anything, but to be able to make change so when people buy soda or water we can give them change. I think \$40 or \$50 dollars would be good. The full amount of the money borrowed to make change will be returned to area after the Halloween Function. I am open to suggestions. We do need one ice cream bucket or some container to put the raffle tickets into. We also need cigarette butt cans, like empty metal coffee containers. We need trusted servants to be able in charge of the cash box for the soda. The idea is to be able to rotate so everyone can have fun, fellowship, and dance. We can also do a coffee donations container we would need a container for that as well. I did not buy any main dish to make or sell for food. I put only potluck on the flyer so we do not need to have one. Although, I do know this area likes to provide that so if you wanted to do that we can but we need money and ideas how to make and get it to the church. I have no more room for that, so someone else would have to be willing to do it. Otherwise, I have the keys for the building. I had to buy more forks, spoons, and knives. We should have everything except the things that I mentioned earlier.

. Thanks for letting me serve.

Question/Comment: Someone wanted to know if they should put in a motion for reimbursing the Activities chair. The answer was yes, if she wants reimbursement. Also, we were told that the Public Relations handbook addresses exactly the promotion vs. attraction question.

**Literature Report:                    emailed/spoken aloud**

Morning,

Alright so after everything in my report:

Literature on hand is \$829.85

Cash on hand is \$15.98

Totaling \$845.83

As I stated in last month's report to address & report any discrepancies - there was one - they sent us 8 Step Working Guides instead of the 6 that were ordered. I called and left a message & got a return voice mail stated to keep the extra 2 books. I have added the 2 extra SWG's into inventory with a note stating over shipment.

Now for the last shipment I got:

Naws invoice # 0925707 was for \$208.83 which has been handed over to the treasurer. There were a few discrepancies on this one as well which I spoke with them again and was told to keep the extras.

5 extra IP#5, 1 extra IP#17, 1 extra welcome and 30 day keytags.

We were shorted 1 IP#24.

All have been adjusted into inventory again with a note stating over & under shipments.

We did receive a \$0.02 discount on 118 of the IP's we ordered for ordering over a 100 total. So with the extra SWG's, keytags, IP's, IP discount & some rounding up as usual on group purchases - there was a total increase of \$24.34 to the total literature balance this month.

Naws invoice 1009706 for \$271.66 was for the Houston donation. a receipt has been handed over to the treasurer.

Thats all I have- thanks,

Question/Comment:

**Literature Alternate Report:**                   **\*\*\*spoken aloud\*\*\***

Question/Comment:

**Public Relations Report:**                   **VACANT report emailed/spoken aloud by Jerry K**

I updated the (Halloo) system this month. I removed the Sunday, KISS, Ladysmith meeting, I also changed the Saturday, Alive @ 5, meeting form Closed to Open, and I changed the time for the Thursday, Freedom Group, Rice Lake meeting from 8pm to 7:30 pm. There were 9 calls from 6 different numbers to the system in the last 30 days. They used a total of 12 minutes. In addition to that I used 18 minutes updating the system for a total of 30 minutes used by the Chippewa Valley Area extension. There were 4 messages left this month. The first was an addict wanting meeting information. Second was a parent looking for meeting information for parents of addicts. The third was a professional looking for a list of potential sponsors for her clients. The fourth message was a using addict. There was a total of 191 calls to the entire Regions. they used a total of 451 minutes of the 800 free minutes included in the plan. The cost to Region for all 19 lines was \$164.95.

Update on the Literature donation for Houston Area,

Along with the \$200 this committee voted to donate , the Alive @ 5 and Bridges to Recovery meetings voted to donate the \$59 proceeds of their recent picnic, and an anonymous addict donated \$12.66 for a total of \$271.66. With shipping costs, that will pay for 21 Basic Text. I asked April to place the order and have it shipped directly from World to the address Terasina R. provided. She is the PR Chair for the Houston Area Service Committee of Narcotics Anonymous (HASCONA). I did let her know that this committee hoped that the books would be distributed free of charge to any addict in need. I did also ask her to let me know when the order arrived just to make sure they did receive them. Thanks

Question/Comment:

**Hospitals and Institution Report:**                   **VACANT**

Question/Comment:

**Hospitals and Institution – Alternate Report:**                   **\*\*\*spoken aloud\*\*\***

Question/Comment:

**Policy and Procedure Report:**                   **VACANT**

Question/Comment:

**Outreach Report:**                   **emailed/spoken aloud**

Good morning everyone.

On September 6, I attended a meeting of a new group in Black River Falls. This group meets downtown in the office of a non-profit on Monday, Wednesday and Friday at 12 noon. These meetings have been going on for about a month and a half and it seems that they were started to serve a particular niche of addicts. It is my understanding that they will be sending a representative to this area meeting to request that they be put on the CVA meeting list. They are in need of a starter package as they have been sharing readings with the Friday night Black River Falls meeting.

On September 20, I traveled to Rice Lake to attend the Wednesday night meeting of Dopeless Hope Fiends. This is a group that has not been represented at our area service meetings for quite some time. I did observe a welcoming attitude of recovery. There was some crosstalk at the beginning which soon subsided as the sharing progressed. I asked after the meeting if there was interest in sending a representative to area service. The response I got was that Jeff H. attended area and that was enough. They did acknowledge that there were two Rice Lake groups and that he represented the other Rice Lake group.

Lastly, I sent an email to Peter M from New Richmond reminding him of area service and asking him if there was a desire to have that group placed on our meeting list. I have not yet gotten a reply.

In Service to NA

Question/Comment: There was considerable discussion about crosstalk and how detrimental it can be to newcomers. An example was given about how a newcomer went back out, most likely because of crosstalk that was not supportive of her, and died in her home. A few suggestions were given about how some people in area could support meetings where this takes place and get in a car and head down to meetings that need more support. Chippewa Valley Area trusted servants could easily get in a car and go and set a good example. Someone said that he gives the following advice to newcomers: don't judge NA by your first meeting....

### **GSR REPORTS**

**Miracles Are Us, Eau Claire Friday submitted by Joe F**

Donation \$20.00      Avg Grp Size: 25      Newcomers: Yes      They return: Sometimes  
Looking for speakers.

**United Survive, Eau Claire Wednesday submitted by**

Donation \$      Avg Grp Size:      Newcomers:      They return:

**Bridges to Recovery Chippewa Falls submitted by Steve J**

Donation \$0      Avg Grp Size: 15-20      Newcomers: Yes      They return: Sometimes  
Informal picnic, October 14 Flag Hill Pavilion at Irvine Park in Chippewa Falls, starting at noon.

**Black and Blue Basic Text/Alive @ Five, Chippewa Falls submitted by Justin H**

Donation \$0      Avg Grp Size: 15/10      Newcomers: Yes      They return: Sometimes  
- Focus on newcomers – Saturday

- Thursday – my work schedule interferes with me attending this meeting
- Saturday was voted on to become an open meeting. It has been changed in the meeting list & phone line
- Groups also voted to donate to Houston area

**Black River Falls, Monday & Friday NA Group submitted by Pete R**

Donation \$20.00 Avg Grp Size: 4-6 Newcomers: Yes They return: Sometimes

**Together We Grow, Eau Claire Monday Night submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**Attitude of Gratitude, Menomonie submitted by Alex S**

Donation \$ Avg Grp Size: Newcomers: They return:

**Ego Check, Menomonie, Monday submitted by Dezaray C**

Donation \$0 Avg Grp Size: 4 Newcomers: No They return: No

This month we are making changes to our group. On September 25<sup>th</sup>2017 a woman who was a non-home group member and who does not regularly attend our group came in and asked for a group conscience after the meeting. She wanted to change ego check into a women's only meeting. I tried telling this woman that in order to start a group that it had to be going for at least a month and then they could come to area and get a starter kit. She did not like this option nor did she want to do that. She wanted to take over our group. I did not know the rules on this so there was a group conscience taken. The group conscience was if we wanted to change our format or group so that it would be only a women's meeting. That night there were four of us and the vote passed to change it. I knew that the vote did not represent the truth so I went and did research on my position as GSR. I found that in our guide to area service that the GSR represents the whole group conscience. Knowing that any person cannot walk in to any meeting and change the whole group I decided to have an official business meeting the following week on October 2<sup>nd</sup>2017. There were 6 people who attended the business meeting one of these people was at the other group conscience meeting, who attends Ego Check almost every week, and I know there true desire for the group came out. These group of individuals we people who have attended the meeting regularly or more frequently. We had an extensive discussion on what to do. The group conscience was NOT to change into a women's group. However, we have decided to invoke the home group member position at our meeting to protect ourselves from internal forces that could destroy us. We have a plan now and we are going to have a regular business meeting the Monday before Area where home group members can get together and discuss our groups decisions. I am going to inform this woman of the decision today after area. I am going to encourage that she does start a women's meeting whenever she like. If you have any questions feel free to ask me now. I will answer honestly and to the best of my ability. Thank You.

**Comments:** There was some praise for Dezaray about how she handled this situation

**Vision of Hope, Chetek, Tuesday submitted by Dave R**

Donation \$100.00 Avg Grp Size: 24 Newcomers: Yes They return: Yes

Doing very well. People coming from jail mtg. Group conscience is low. Many struggle, but return. Hard for them to get into service.

**Dopeless Hope Fiends, Rice Lake, Mon, Wed submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:



**Surrender Group, Rice Lake, Friday, Saturday submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**KISS, Ladysmith, Thursday submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**Arbor Place, Menomonie, Thursday, Sunday submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**Freedom Group, Rice Lake, Thursday submitted by Mike D (Coach)**

Donation \$20.00 Avg Grp Size: 12 Newcomers: Yes They return: Yes  
Talked about open speaker meetings – family and friends attend. May be having a meeting room dedicated.

**New NA Meeting, Chetek, Thursday submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**Off the Record, Menomonie, Wednesday submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**Beyond the End of the Road, Tues & Thurs, Eau Claire submitted by**

Donation \$ Avg Grp Size: Newcomers: They return:

**M.I.A., Wednesday, Chippewa Falls submitted by Jamie S**

Donation \$0 Avg Grp Size: 5 Newcomers: Yes They return: Yes

Break for Serenity

**15 Min. Open Forum:** (began: 11:56am ended: 12:06pm)

The Treasurer audit was discussed. 2 volunteers were found to conduct it. Someone wanted to know where 7<sup>th</sup> tradition contributions were going at Arbor Place. It was suggested that the web servant find out about wheelchair accessibility for meeting lists. An email will be sent out concerning this. It was also said that GSRs need to check and keep checking their information on the phone, websites and printed lists.

**Old Business:** (began approximately: 12:06pm ended: 12:08pm)

The donation to the Houston area was converted into a donation of Basic Texts and literature for free distribution to any addict that needs them.

**Elections:**

Joe F volunteered for Vice-Chairperson in September -- **ELECTED**

**New Business:**

Motion 1: Dave R 2<sup>nd</sup>: Dezaray C

Motion: To reimburse Activities for any moneys paid out

Intent: Keep prudent reserve, so Activities can continue to carry the message \$18.50

Financial Impact: Yes, \$18.50

VOTE: 8 aye 0 nay 0 abstain PASSED

**Group Concerns/Announcements:**

A possible workshop was discussed.

**Key points to share with Groups**

- 1) *The H&I Subcommittee needs support. For more info contact Joe F (715) 828-6006*
- 2) *GSRs, please double check all meeting information on the phone line, the website and region and worlds website, as well as the printed list, if you can to make sure it is correct. The phone line number is on the printed list.*
- 3) *There is a new Black River Falls meeting called the Nooner Group. It meets on Monday, Wednesday and Fridays. The location information is on the list online and the new printed list.*

**SERVICE SAVES LIVES**

**Elections to be held at November ASC meeting**

**Current Vacant Positions:** Chairperson, Regional Committee Member – Alternate, Treasurer – Alternate, Secretary-Alternate, Web Servant - Alternate, Activities – Alternate, Public Relations, Public Relations – Alternate, Policy & Procedure, Policy & Procedure-Alternate, Hospitals and Institutions, Outreach – Alternate

**November 2017 Area Service: 9:30am, November 4, 2017, Central Lutheran, Chippewa Falls**

**December 2017 Area Service:**

Motion made to close meeting: Steve J Seconded by: April B Time: 12:31pm